

Dean Close Pre-Preparatory School Menu		Week 1 w/c: 5/11, 26/11, 7/1, 28/1		
	Main Course	Vegetarian Main	Vegetables	Pudding
Mon	<ul style="list-style-type: none"> <li>Sausage Casserole</li> <li>Omelette Bar</li> <li>Salad Bar</li> </ul>	<b>Sweet &amp; Sour Vegetables with rice</b>	<ul style="list-style-type: none"> <li>Minted New Potatoes</li> <li>Sliced Green Beans</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Homemade Mousses</li> <li>Homemade Fruit Yoghurt</li> <li>Fresh Fruit</li> </ul>
Tues	<ul style="list-style-type: none"> <li>Chinese Chicken Curry &amp; pilau rice</li> <li>BBQ Pork Meatballs</li> <li>Salad Bar</li> </ul>	<b>Stuffed Peppers</b>	<ul style="list-style-type: none"> <li>Crispy Cubed Potatoes</li> <li>Peas &amp; Carrots Medley</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Choc Chip Shortbread &amp; custard</li> <li>Homemade Fruit Yoghurt</li> <li>Fresh Fruit</li> </ul>
Wed	<b>Starter: Chef's Homemade Soup</b> <ul style="list-style-type: none"> <li>Lamb &amp; Mint Tagine &amp; cous cous</li> <li>Taco Bar</li> <li>Salad Bar</li> </ul>	<b>Macaroni Cheese</b>	<ul style="list-style-type: none"> <li>Duchesse Potatoes</li> <li>Buttered Sweetcorn</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Homemade Fruit Yoghurt</li> <li>Fruit Jelly</li> <li>Fresh Fruit</li> </ul>
Thurs	<ul style="list-style-type: none"> <li>Roast Beef with Yorkshire pudding</li> <li>Chicken &amp; Mushroom Pie</li> <li>Salad Bar</li> </ul>	<b>Mushroom &amp; Peppers Stroganoff</b>	<ul style="list-style-type: none"> <li>Roast Potatoes</li> <li>Cauliflower</li> <li>Broccoli Florets</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Apple &amp; Blackberry Crumble &amp; custard</li> <li>Homemade Yoghurt</li> <li>Fresh Fruit</li> </ul>
Fri	<b>Starter: Chef's Homemade Soup</b> <ul style="list-style-type: none"> <li>Battered Cod Fillet with lemon wedges</li> <li>Pasta Bar</li> <li>Toastie Bar / Salad Bar</li> </ul>	<b>Thai Red Vegetable Curry &amp; rice</b>	<ul style="list-style-type: none"> <li>Chipped Potatoes</li> <li>Mushy Peas</li> <li>Baked Beans</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Homemade Fruit Yoghurt</li> <li>Fruit Jelly</li> <li>Fresh Fruit</li> </ul>

		Week 2 w/c: 12/11, 3/12, 14/1, 4/2		
	Main Course	Vegetarian Main	Vegetables	Pudding
Mon	<ul style="list-style-type: none"> <li>Sweet Chilli Pork with noodles</li> <li>Yorkshire Bar</li> <li>Salad Bar</li> </ul>	<b>Pear &amp; Stilton Stuffed Portobello Mushrooms</b>	<ul style="list-style-type: none"> <li>Duchesse Potatoes</li> <li>Peas &amp; Corn Medley</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Cheese Selection &amp; Crackers</li> <li>Fruit Cheesecake</li> <li>Assorted Yoghurts</li> <li>Fresh Fruit</li> </ul>
Tues	<ul style="list-style-type: none"> <li>Thai Green Chicken Curry &amp; rice</li> <li>Gammon Steak &amp; pineapple salsa</li> <li>Salad Bar</li> </ul>	<b>Caramelised Onion &amp; Feta Puffs</b>	<ul style="list-style-type: none"> <li>New Potatoes</li> <li>Straw Carrots</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Eves Pudding &amp; custard</li> <li>Homemade Fruit Yoghurts</li> <li>Fresh Fruit</li> </ul>
Wed	<b>Starter: Chef's Homemade Soup</b> <ul style="list-style-type: none"> <li>Lasagne &amp; crusty baguette</li> <li>Noodle Bar</li> <li>Salad Bar</li> </ul>	<b>Mediterranean Vegetables with cous cous</b>	<ul style="list-style-type: none"> <li>Seasoned Potato Wedges</li> <li>Grilled Vegetables</li> <li>Grilled Tomatoes</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Assorted Yoghurts</li> <li>Fruit Jelly</li> <li>Fresh Fruit</li> </ul>
Thurs	<ul style="list-style-type: none"> <li>Roast Leg of Pork &amp; apple sauce</li> <li>Moroccan Chicken Casserole</li> <li>Salad Bar</li> </ul>	<b>Lentil &amp; Root Vegetable Hot Pot</b>	<ul style="list-style-type: none"> <li>Roast Potatoes</li> <li>Carrot &amp; Swede mash</li> <li>Broccoli Florets</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Jam &amp; Coconut Sponge &amp; custard</li> <li>Homemade Fruit Yoghurt</li> <li>Fresh Fruit</li> </ul>
Fri	<b>Starter: Chef's Homemade Soup</b> <ul style="list-style-type: none"> <li>Cod Goujons with lemon mayo</li> <li>Pasta Bar</li> <li>Paninis / Salad Bar</li> </ul>	<b>Falafels with mint yoghurt</b>	<ul style="list-style-type: none"> <li>Chipped Potatoes</li> <li>Garden Peas</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Assorted Fruit Yoghurts</li> <li>Fruit Jelly</li> <li>Fresh Fruit</li> </ul>

		Week 3 w/c: 19/11, 10/12, 21/1, 10/2		
	Main Course	Vegetarian Main	Vegetables	Pudding
Mon	<ul style="list-style-type: none"> <li>Chicken Chow Mein</li> <li>Omelette Bar</li> <li>Salad Bar</li> </ul>	<b>Five Bean Chilli with rice</b>	<ul style="list-style-type: none"> <li>Sauté Potatoes</li> <li>Green Beans</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Strawberry Ice Cream Tubs</li> <li>Assorted Fresh Mousse</li> <li>Homemade Fruit Yoghurt</li> <li>Fresh Fruit</li> </ul>
Tues	<ul style="list-style-type: none"> <li>Prawn &amp; Spaghetti Puttanesca</li> <li>Steak &amp; Ale Casserole, dumplings</li> <li>Salad Bar</li> </ul>	<b>Quorn Sausages in spicy tomato sauce</b>	<ul style="list-style-type: none"> <li>Creamed Potatoes</li> <li>Broccoli &amp; Cauliflower</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Black Cherry Pie &amp; custard</li> <li>Homemade Fruit Yoghurt</li> <li>Fresh Fruit</li> </ul>
Wed	<b>Starter: Chef's Homemade Soup</b> <ul style="list-style-type: none"> <li>Pepperoni Pizza</li> <li>Pasta Bar</li> <li>Salad Bar</li> </ul>	<b>Indonesian Sweetcorn Frittats &amp; rice</b>	<ul style="list-style-type: none"> <li>Baked Jacket Wedges</li> <li>Garden Peas</li> <li>Sautéed Mushrooms</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Fruit Jelly</li> <li>Yoghurt</li> <li>Fresh Fruit</li> </ul>
Thurs	<ul style="list-style-type: none"> <li>Roast Leg of Lamb &amp; mint sauce</li> <li>Sweet Chilli Glazed Tuna Steak</li> <li>Salad Bar</li> </ul>	<b>Cheese &amp; Potato Pie</b>	<ul style="list-style-type: none"> <li>Roasted Potatoes</li> <li>Braised Red Cabbage</li> <li>Roasted Vegetables</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Lemon Sponge &amp; custard</li> <li>Homemade Fruit Yoghurt</li> <li>Fresh Fruit</li> </ul>
Fri	<b>Starter: Chef's Homemade Soup</b> <ul style="list-style-type: none"> <li>Panko Crumbed Cod Goujons</li> <li>Noodle Bar</li> <li>Filled Wraps / Salad Bar</li> </ul>	<b>Beetroot &amp; Quinoa Burger</b>	<ul style="list-style-type: none"> <li>Chipped Potatoes</li> <li>Garden Peas</li> <li>Mushy Peas</li> <li>Mixed Salad</li> </ul>	<ul style="list-style-type: none"> <li>Assorted Yoghurts</li> <li>Fruit Jellies</li> <li>Fresh Fruit</li> </ul>