

# Activities Pack: Preschool Department

## Ideas for home learning



Below are some recipes that you may want to make at home. You can add different colours/materials to them to make them extra special.

### **3 ingredient sensory bottle**

You will need:

Water

Oil

Food colouring

Glue

1. Mix the water and food colouring in a separate container until you get the desired colour.
2. Next, open up your water bottle and pour in baby oil up to half way.
3. Finally add the water to the oil and secure the lid tightly.
4. Glue the lid onto the bottle for safety.
5. Give the bottle a good shake and watch!

You could also add other items like sequins, glitter, shells etc.

A fun and engaging discovery/sensory bottle for children by using various items from around the house. Also good for times when children need time to be calm.

#### **Links to EYFS:**

##### **Communication and Language -Listening and Attention**

- Has a strong exploratory impulse.
- Concentrates intently on an object or activity of own choosing for short periods.

##### **Communicating and Language- Understanding**

Developing the ability to follow others' body language, including pointing and gesture.

##### **Physical Development – Moving and handling**

- Passes toys from one hand to the other

## Outdoor Activity ideas:

**Chalk:** Chalk can provide endless fun, and allows children to express themselves artistically on a large scale. Once they have created their masterpieces provide them with a brush/sponge and a bucket of water. They will enjoy wiping away their drawings as much as they enjoy making them!

**Tree rubbing:** Attach a sheet of paper to the bark of a tree. Gently rub the side of the crayon on the paper until the pattern of the bark begins to appear. This is the perfect opportunity to talk about different textures and could lead to a sensory experience around the garden. If you don't have a tree in the garden, try fencing, paving etc.

### Leaf necklace

You will need:

A selection of leaves

String or wool

Small stick

Scissors

Hole punch



1. Cut a length of wool or string long enough for a necklace. Tie a small stick to one of the string – this will act as the needle. Tie a large knot at the other end
2. Allow your child to choose their leaves for the necklace
3. You may wish to make threading holes with the hole punch or you may wish for the children to make holes themselves, either using the hole punch or a thin, firm stick
4. Once the leaves have been threaded, cut off or untie the stick and tie the necklace into a loop
5. Allow your child to wear their creation under supervision.

### Links to EYFS

Literacy – Writing

Sometimes gives meaning to marks as they draw and paint.

Ascribes meanings to marks that they see in different places.

## Indoor activities

All children love to cook and then eat their yummy creations.  
Here is a no cook recipe to try:

### Balloon cake pop recipe

#### Ingredients:

1 large cake or around 15-20 small cakes (any flavour, store bought or homemade)  
1 tub of frosting (store bought or mix icing sugar and butter together)  
200g icing or melted chocolate

#### Equipment

Large bowls  
Small spoons  
Small plates or boards  
Baking tray or large plate  
Baking paper  
Polystyrene block  
Lollipop sticks (round candy sticks work best)



#### Method

1. First, wash your hands and put on an apron
2. Next crumble the cake into a large bowl
3. Then add 1 or 2 spoonfuls of frosting at a time to the cake crumbs and mix together to form a dough
4. Scoop a small spoonful of the mixture onto a board or plate
5. Roll the dough into a ball shape and then pinch one end to make into a balloon shape. Repeat until all the dough is used
6. Place the dough balloon onto a baking tray or large plate and place into the fridge or freezer for around 5 minutes to enable the dough to harden
7. Remove from the fridge and carefully inset a lollipop stick into the pinched end of the each cake pop
8. Place back in the freezer for around 1 hour or a freezer for around 30 minutes
9. Mix some icing or melted chocolate in some small bowls
10. Once the cake pops have cooled, dip them into icing or chocolate. Use a small spoon to cover the cake pop with the icing or chocolate
11. Gently tap the stick on the side of the bowl to remove any drips and then push the stick into the polystyrene block to enable the cake pop to dry
11. The cake pops are then ready to eat!

#### Links to EYFS

#### Understanding the World

#### The World

- Talks about why things happen and how things work

## Building challenge

Using your favourite Lego or Duplo bricks ask your child to try to build these different models. Work with them to think about which bricks they might need.

### Links to EYFS

#### Mathematics – Shape, Space and Measure

Shows an interest in shape and space by playing with shapes or making arrangements with objects.

