

Activity pack: Preschool Department

Ideas for home learning



My hands and feet

Have fun comparing the length of children's hands and feet. Show them how your hands are longer than theirs. Look for similarities in terms of length and size. Once you have spoken about the similarities and differences, have a go at creating some artwork by painting both or your hands and/or feet and printing them. Take a look at the pictures below for some inspiration. This will help your child to see the size and length difference in a different way.



EYFS Links:

People and communities

- Knows some of the things that make them unique and can talk about some of the similarities and differences in relation to friends or family.

Making movies

At this age, many children are already quite competent with technology, so instead of simply presenting how something works, give them the chance to get some hands-on experience with technology and encourage them to make their own movie. We would love to see a video off things that they get up to at home!

EYFS Links:

Technology

- Knows how to operate simple equipment, e.g. turns on CD player and uses remote control.
- Shows an interest in technological toys with knobs or pulleys, or real objects such as cameras or mobile phones.

Sticky Kids

Sticky Kids is a fantastic resource that encourages action, balance and coordination as well as language and listening skills. Their songs can be easily accessed by searching 'Sticky Kids' on YouTube and the children really enjoy taking part in the action songs. One of their favourites is 'Zooming to the Moon'. Take a listen and then join in with the actions with your child, they should know all the moves!



EYFS Links:

Exploring using media and materials

- Enjoys joining in with dancing and ring games.
- Sings a few familiar songs.
- Beginning to move rhythmically.
- Imitates movement in response to music

Being imaginative

- Developing preferences for forms of expression.
- Uses movement to express feelings.
- Creates movement in response to music.
- Sings to self and makes up simple songs.

Moving ad handling

- Draws lines and circles using gross motor movements.
- Can stand momentarily on one foot when shown.
- Moves freely and with pleasure and confidence in a range of ways

Outdoor activity

Blowing bubbles

This activity takes the classic activity of blowing bubbles and puts a new twist on it. This activity can help to develop critical thinking skills in your child by asking them to question, hypothesis, predict, test and analyse. This might seem a lot for a pre-schooler, but they are simple concepts that align naturally with the way they explore the world.



You will need **large bowl, assortment of household objects, homemade bubble solution.**

- Gather a selection of objects, kitchen utensils are a good place to start.
- Ask your child what utensil they think will make the best bubbles. Follow up their answer by asking why (**hypothesis**)
- Ask them to sort them into two piles, those which would make bubbles and those which will not (**prediction**)
- Go outside and fill a large bowl with your homemade bubble solution. Let your child dip each utensil in the solution before trying to blow a bubble with it (**testing**)
- Ask your child which one blew the best bubbles and explore why with them. They might be surprised that a whisk does not blow bubbles even though it is full of holes! (**analyse**)
- To extend this, ask your child to look around your home or garden for things that might blow good bubbles before testing them.

EYFS Links:

Speaking

- Beginning to use more complex sentences to link thoughts (e.g. using and, because).
- Questions why things happen and gives explanations. Asks e.g. who, what, when, how.
- Builds up vocabulary that reflects the breadth of their experiences.

The World

- Comments and asks questions about aspects of their familiar world such as the place where they live or the natural world.
- Can talk about some of the things they have observed such as plants, animals, natural and found objects.
- Talks about why things happen and how things work