

Activity pack: Preschool Department

Ideas for home learning



Activity one

Egg Cress Heads

You'll also need

- 2 eggs
- 2 tsp cress seeds
- 2 cotton wool balls
- felt-tip pens or acrylic paints



Method

1. Carefully remove the tops from the eggs, leaving the bottom two-thirds of the shells intact. Empty the shells (save the eggs for another time), then carefully wash them out. Decorate the shells with pens or paint, then leave them to dry.
2. Dip the cotton wool balls in a little water, squeezing off any excess. Place 1 ball inside each shell, then sprinkle 1 tsp cress seeds onto each one. Sit the filled shells in eggcups and leave in a dry, well-lit place for a week – a windowsill is perfect. Your cress will start to grow within a few days, perfect for making egg & cress sarnies!

EYFS Links:

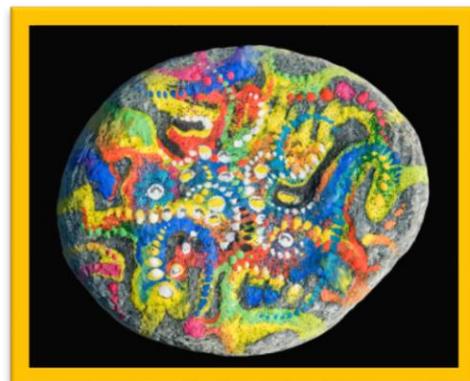
Understanding the world: The world

- Developing an understanding of growth, decay and changes over time.
- Talks about why things happen and how things work.
- Can talk about some of the things they have observed such as plants, animals, natural and found objects.
- Shows care and concern for living things and the environment.

Activity two

Rock Painting

Collect a range of different sized and shaped stones and let children paint them. Some children may paint a particular design onto the stone, whilst others may try and copy a character, like Peppa Pig or Tigger from Winnie The Pooh. This activity will help pre-school children master fine motor control. It will also help with colour recognition and allow children to experiment with colour mixing. As an alternative to paint, children can use felt tip pens.



Once the stones are painted and dry, they can be varnished with clear nail varnish (adult input maybe needed here) and displayed on a window ledge, in your garden or as a paper weight. This is great for all ages and allows children to be as creative as they want.

Painting Stones encourages colour and pattern recognition, Good for creative play and Develops fine motor control.

EYFS Links

Communication and Language: Understanding

- Beginning to understand 'why' and 'how' questions

Communication and Language: Speaking

- Questions why things happen and gives explanations. Asks e.g. who, what, when, how.
- Uses a range of tenses (e.g. play, playing, will play, played).

Mathematics: Shape, space and measure

- Shows an interest in shape and space by playing with shapes or making arrangements with objects.
- Beginning to talk about the shapes of everyday objects, e.g. 'round' and 'tall'.
- Shows interest in shapes in the environment

Expressive arts and design: Exploring and using media and materials

- Explores colour and how colours can be changed.