



Food Edible

Paint Recipe

You will need:

- Carrots for orange paint
- Strawberries for red paint
- Broccoli for green paint
- Food blender
- Saucepan or steamer
- Vegetable peeling equipment

Method

1. Cut up the carrot and broccoli, then individually put in a steamer or saucepan and cook as you would normally until super soft.
2. Put into the blender and blend until very smooth.
3. Chop the tops off the strawberries, then put them into the blender with a little water and blend until smooth.
4. The paints are then ready to use!

