

Dean Close Senior School – IT'S GRAB & GO LUNCH

Soup & Roll

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

Tomato & Basil Soup
Ciabatta Roll

Cream of Mushroom Soup
Petit Pain

Roast Pumpkin & Nutmeg
Soup
Crispy Croutons

Red Lentil & Tomato Soup
Herbed Ciabatta

Sweet Potato Soup, Cajun
Spiced with Coconut Milk
Naan Bread

Minestrone Soup
Tiger Bread

BRUNCH

Salad Box

Jacket Potato with Tuna
Mayo
Or
Cheddar & Baked Beans

Teriyaki Chicken Asian
Noodle Pot with Ginger,
Bok Choy, Coriander, Chilli
& Baby Corn

Chicken Caesar Salad
with Crispy Bacon &
Croutons, Parmesan,
Sliced boiled Egg &
Dressing

BBQ Pork, Rigatoni, Fresh
Basil & Parmesan

Chicken Biryani with
Onion Bhaji, Bombay
Potato, Chickpeas,
Cucumber, Green Beans,
Coriander, Lime

Quiche Lorraine with
Trio of Daily Salads &
Petit Pain

1/3 Baguette with Egg
Mayo
& Cress

1/3 Baguette with
Red Leicester, Gem
Lettuce, Tomato,
Cucumber & Pickle

1/3 Baguette with Ham
& Westcombe Cheddar
Or
Roast Red Pepper,
Cheddar & Pesto Wrap

1/3 Baguette
The BLT – Crisp Bacon,
Lettuce & Tomato
Or
The ALT
Avocado, Lettuce & Tomato

1/3 Baguette with Brie,
Cranberry & Mixed
Leaves

1/3 Baguette
Tandoori Chicken,
Cumber & Minted Yogurt

*Baguettes served with
Trio of Salads & Mixed
leaves*

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of Salads & Mixed leaves*

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Super Veg

Blanched Charred
Broccoli, Roasted
Pumpkin Seeds, Spinach
Leaves, Sliced Red Onion
& Red Cabbage

Tofu Asian Noodle Pot
with Ginger, Bok Choy,
Coriander, Chilli & Baby
Corn

Fresh Greek Salad,
Tzatziki, Baba Ganoush,
Grilled Peppers &
Courgette, Pitta Bread
with homemade Falafel

Crunchy Julienne Beetroot
& Peppers, Cubed
Cucumber, Thin Slice
Iceberg & Red Cabbage,
Ribbon Courgette, Iceberg,
Sweetcorn topped with
Sunflower Seeds & Tomato
Salsa

Vegetable Samosa,
Onion Bhaji, Bombay
Potato, Chickpeas,
Cucumber, Green Beans,
Coriander, Lime

Green Bean, Borlotti
Bean, Lentil, Chickpeas,
bulgur Wheat, Grilled
courgette, Garden peas
with Mango Dressing &
Tiger Bread



PH
PALMER & HOWELLS

Independent School Caterers